

## Upper Key Stage 2 Physical Education Overview

Cycle A	Autumn 1 <sup>st</sup> Half	Autumn 2 <sup>nd</sup> Half	Spring 1 <sup>st</sup> Half	Spring 2 <sup>nd</sup> Half	Summer 1 <sup>st</sup> Half	Summer 2 <sup>nd</sup> Half
<b>Themes</b>	Dinosaurs		Asia		Changes	
<b>Indoor</b>	Gym <b>Turning and Spinning</b> <small>(Miss Barratt's class only)</small>	Dance <b>Street Dance</b> <small>(Miss Barratt's class only)</small>	Dance <b>Asian Rhythms</b>	Gym <b>Flight</b>	Dance <b>Street Dance</b> <small>(Mrs Galilee's and Mr Killick's class)</small>	Gym <b>Turning and Spinning</b> <small>(Mrs Galilee's and Mr Killick's class)</small>
<b>Outdoor</b>	Invasion games - coaching football	Multi skills - sports hall athletics	Handball	Basketball	Cricket	Mini tennis Sports day practice
<b>Swimming</b>	<u>Mrs Galilee's and Mr Killick's class</u>				<u>Miss Barratt's class</u>	

Cycle B	Autumn 1 <sup>st</sup> Half	Autumn 2 <sup>nd</sup> Half	Spring 1 <sup>st</sup> Half	Spring 2 <sup>nd</sup> Half	Summer 1 <sup>st</sup> Half	Summer 2 <sup>nd</sup> Half
<b>Themes</b>	Invaders and Settlers Celts and Romans		Space		Invaders and Settlers Vikings and Anglo Saxons	
<b>Indoor</b>	Dance <b>Flight from Danger</b> <small>(Miss Barratt's class only)</small>	Gym <b>Matching and Mirroring</b> <small>(Miss Barratt's class only)</small>	Dance <b>Country Dancing</b>	Gym <b>Bridges</b>	Dance <b>Country Dancing</b> <small>(Mrs Galilee's and Mr Killick's class)</small>	Gym <b>Bridges</b> <small>(Mrs Galilee's and Mr Killick's class)</small>
<b>Outdoor</b>	Ball skills, throwing catching and moving	Netball	Handball		Striking and fielding games - Cricket, Tennis, Athletics	Sports day practice
<b>Swimming</b>	<u>Mrs Galilee's and Mr Killick's class</u>				<u>Miss Barratt's class</u>	